



Helping Hands, New Jersey

for those experiencing insecurity as a result of COVID-19 Es. 2020

Welcome to Helping Hands, NJ-2024!

[Helping Hands, NJ](#) is a community of “neighbors helping neighbors” committed to ending food insecurity and supporting self-sufficiency. Through our community partners we provide nutritious food, and resources to inspire confidence and hope to local families. Working together with volunteers, donors and our many partners, we work to fill the emptiness caused by hunger. We envision a community where everyone has access to good quality, nutritious food, understands the consequences of hunger and poor nutrition and is committed to creating a stronger community. No matter what your situation, we can help. We are open to all who need assistance, serving the Chatham area confidentially since March 2020.

Do You Need Help? Our Resources:

Helping Hands Family Center at The Presbyterian Church of Chatham Township, PCCT. Located at 240 Southern Boulevard, the family center is fully staffed by volunteers and facilitates a drop off location for contributors, and a free Store, where everything is, yes, free. It provides a unique way for people to responsibly get rid of things they no longer need by putting them into the hands of others who can use them, free of charge, in a way that also builds community. While we get so many wonderful items donated directly to our free store, we often have quality household and pantry staples. Essentials like groceries, snacks, clothing for all ages, winter wear, shoes, home goods, infant/baby care items; all size diapers, wipes, toiletries, socks, under wear, bedding, linens, and seasonal items. At times we have laundry pods, pasta/rice, peanut butter, toilet paper, hygiene products, health & beauty supplies, and dish soap. When an expectant mother has a request, we want to be there to help. When students need school supplies, prom attire, we want to be on it. Contact our team of coordinators at HelpingHandsofChatham@gmail.com to make an appointment.

Outdoor Pantry -open 24 hours per day at Chatham United Methodist Church, 460 Main Street, Chatham. Shelf stable groceries are available as supplies are donated. Please take only what you need, many people visit the pantry. **Food Drive** - Wednesdays for produce, milk and eggs. Please note that the time of the food drive is 3:15. Cars line up as early as 12 pm, so the line does get long.

The Winter Wear and Holiday Toy Drive - Collect gently used items for winter, coats, hats, boots and toys.

Delivery Service - emergency cases may be able to have food delivered.

Helping Hands Healthy Living Project - produce donated from local farmers (seasonal).

Living on the Streets - are you in the Chatham area and homeless? Your needs are different when you are living on the streets. We recognize this, so since April 2020, we have brought you the help you need.

Students (for College and Grad Students) - the Chatham area, home to several colleges and universities, has a high rate of students who are struggling to get by. Helping Hands is here to help.

Partners - YOU! Yes, if you are involved in any way with Helping Hands, you are one of our partners. Thank you for partnering with Helping Hands.

Helping Hands, NJ | Chatham, NJ 07928 | 201-988-9070

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Helping Hands distributes essential items through our large and growing network of individuals and partner organizations throughout New Jersey.

Have a question - text us @ 201-988-9070 or email us at HelpingHandsofChatham@gmail.com